



Glasfryn Parc

Bwydlen Plant/Children's Menu

(for children aged 12 years and under)

All the food that we serve, and meals that we cook
Are freshly prepared, so quick, take a look.....

MAIN EVENT

Rev your engines, spin your wheels,
Here's our choice of HOT MEALS.

All meals come with peas, beans or salad
and a choice of chips or potatoes.

Meatballs  £3.50

Home-made meatballs with tomato
sauce served on rice.

Welsh Black Beef Burger  £3.50

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Cheeseburger

Lasagne  £3.50

Chicken Bites £3.50

Bangers & Mash  £3.50

Fish Fingers £3.50

Cheese & Tomato Pizza  £3.50

Jacket Potatoes   £3.50

Choose your filling: beans, cheese,
tuna, ham or chicken.

PODIUM FINISH

Our choice of icecream
Is the perfect strike
We're sure you'll find
A flavour you'll like.

Ice Cream (please ask for
our choice of flavours and
toppings.) £2.50

Please note that we cannot
guarantee that menu items are free
from nuts.

PITSTOP SNACK

A SANDWICH is perfect
If you don't have all day
And have come to Glasfryn
For fun and to play

Served on a choice of white or brown
bread with salad, coleslaw and potato
crisps.

Welsh Cheddar Cheese  £2.50

Home-baked Ham £2.75

Cheese & Ham £2.75

Cheese & Tomato  £2.50

Tuna & Mayonnaise £2.50

Grilled Chicken Breast £2.75

DRINKS TO RE-FUEL

A refreshing DRINK
Will bring your energy back
Why not have a go
On the quad bike track?

Orange Squash 50p

Orange Juice £1.20

Jug of Orange Juice £2.00

Pepsi/Lemonade/Tango £1.00

Glass of Milk £1.00

Milkshake (Chocolate,
Vanilla or Strawberry) £1.00

 Suitable for vegetarians

 Home-made at Glasfryn