



# Glasfryn Parc

## Bwydlen Plant/Children's Menu

(for children aged 12 years and under)

All the food that we serve, and meals that we cook  
Are freshly prepared, so quick, take a look.....

### MAIN EVENT

Rev your engines, spin your wheels,  
Here's our choice of **HOT MEALS**.

All meals come with peas, beans or salad  
and a choice of chips or potatoes.

**Meatballs**  £3.50  
Home-made meatballs with tomato  
sauce served on rice.

**Welsh Black Beef Burger**  £3.50

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Cheeseburger**  £3.50

**Lasagne**  £3.50

**Chicken Bites** £3.50

**Bangers & Mash**  £3.50

**Fish Fingers**  £3.50

**Cheese & Tomato Pizza**  £3.50

**Jacket Potatoes**  £3.50  
Choose your filling: beans, cheese,  
tuna, ham or chicken.

### PODIUM FINISH

Our choice of icecream  
Is the perfect strike  
We're sure you'll find  
A flavour you'll like.

**Ice Cream** (please ask for  
our choice of flavours and  
toppings.) £2.50

Please note that we cannot  
guarantee that menu items are free  
from nuts.

### PITSTOP SNACK

A **SANDWICH** is perfect  
If you don't have all day  
And have come to Glasfryn  
For fun and to play

Served on a choice of white or brown  
bread with salad, coleslaw and potato  
crisps.

**Welsh Cheddar Cheese**  £2.50

**Home-baked Ham** £2.75

**Cheese & Ham** £2.75

**Cheese & Tomato**  £2.50

**Tuna & Mayonnaise**  £2.50

**Grilled Chicken Breast** £2.75

### DRINKS TO RE-FUEL

A refreshing **DRINK**  
Will bring your energy back  
Why not have a go  
On the quad bike track?

**Orange Squash** 50p

**Orange Juice** £1.20

**Jug of Orange Juice** £2.00

**Pepsi/Lemonade/Tango** £1.00

**Glass of Milk** £1.00

**Milkshake** (Chocolate,  
Vanilla or Strawberry) £1.00

 Suitable for vegetarians

 Home-made at Glasfryn