

### Glasfryn Parc Group Activities

Activity	Tell me about it....	How long?	Cost pp	Notes
Go Karting	600 m track that will leave you buzzing.	6 minutes	£6.00	
Karting Grand Prix	Make things a little more competitive and we'll organise a grand prix for your group.	45 minutes	£25.00	Our circuit is 'Arrive and Drive', We can therefore only organise Grand Prix events at the very end or beginning of the day. Minimum 10 per group. Medals given for 1st, 2nd and 3rd.
Quad Bike Trek	Guided tour around the working farm.	50 minutes	£28.00	Max 10 in a group
Archery	Bring out the Robin Hood or Maid Marian in you.	30 minutes	£7.50	
Cable Wakeboarding	Three wakeboarding cables on our fresh water lakes as well as rails and obstacles. Ideal for total beginners as well as experienced riders.	1 hour	£20.00	Four people per hourly session
Kayaking	Single and double kayaks.	30 minutes	£5.00	
Clay Pigeon Shooting	20 cartridges each with a trained professional.	1 hour	£25.00	Minimum 10 people
Ten Pin Bowling	Eight lane, ten pin bowling centre with licensed bar	1 hour	£5.00	Max 8 people per lane
Team Building	Range of team building exercises	1/2 day	£25.00	Minimum 10 people
Team Building	Range of team building exercises	Full Day	£40.00	Minimum 10 people
<b>FOOD</b>				
Barbecue option	Enjoy an outdoor charcoal BBQ with Glasfryn Farm Shop's own award winning homemade burgers and sausages served with a bap and salad.	1 hour	£8.00	
Set menu option	Lasagne, burger and vegetarian option (all served with salad and chips).	1 hour	£7.50	
<b>ACCOMMODATION</b>				
Self catering cottages	There are five self catering farmhouse holiday cottages on the Glasfryn Estate.	3 nights	£45.00	This is a guide price price and will depend on final cottage selection and number in the party.
Camping	We have a camping field with showers and toilets.	1 night	£5.00	Please bring your own camping equipment.
Please note that all protective equipment and full instruction is provided. When thinking about an itinerary, please allow sufficient time for getting from one activity to the next and for changing into overalls/shoes/wetsuits.				
We are very happy to put together a suggested itinerary for you.....please just tell us how many people are in your group and if you are looking for a half day, full day or weekend itinerary. We will be happy to advise and make suggestions.				